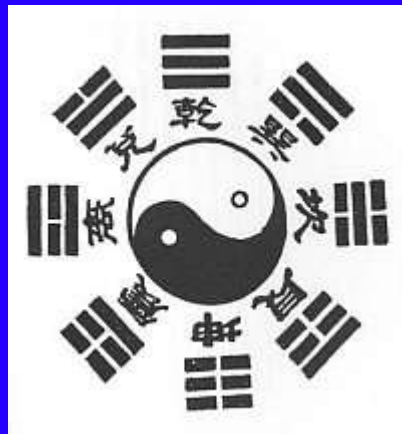


INTERNATIONAL BIOCENTRIC FOUNDATION

Sistema Rolando Toro Biodanza® School Eindhoven

DANCING THE I CHING

with Marlise Appy and Angelina Pereira



June 24 and 25, 2017

Dear Gabriela ,

Welcome to this special and unique Biodanza weekend. Marlise Appy, the mother of Biodanza, is a great connoisseur of the I Ching and together with Rolando Toro she created a dance for each of the 64 hexagrams and developed the Extension 'Biodanza and the I Ching'.

We are very happy that Marlise and Angelina will give this experience-weekend in Eindhoven and we warmly invite you to it. It is advisable to have some knowledge of the I Ching if you want to come to this weekend. You'll find a lot of information on the internet.

An extra special event during this weekend is Marlises birthday –on Sunday she'll be 89 years old- and she likes to celebrate this with us. There will be a festive meal on Saturday night, to honor her. If you'd like to participate, please let us know. We request an extra contribution of 12 euros for this meal.

I Ching – the Book of Changes

The I Ching is one of the most important books in world literature.

The I Ching is an over 3000 years old Chinese book of wisdom and for this reason and because it is based on the observations of the laws of nature and life, it has been used as an oracle since primordial times.

The perfect interaction and balance between the energies of Heaven and Earth -Yang and Yin- runs through the whole work.

We must approach the Book with reverence and humility and be ready to look at the world and life in a different manner. We learn to leave behind our logical way of thinking, our linear reasoning and analytical science, in order to open a poetical vision of the Creation, as an infinite network where everything is inter-related.

Every moment is just passage and change. Every multiplicity is just a manifestation of the great fundamental unity of the universe.

The aim of this workshop

We'll ask questions (which must be essential existential questions we have about our lives, social problems, for example) and the oracle will give answers. Then we'll dance the answers in order to integrate their meaning.

How we do this, will be explained during the workshop.

The I Ching qualifies as “extreme (sublime) success”, when we express our essence –our Identity- our real greatness: what in fact we are.

Being so, the Book aims the same we look for in Biodanza: integration of Identity. And this is obtained through vivencias, with effects on the unconscious, working in perfect synchronicity with the forces of life. Biodanza –the Dance of Life- helps us in our self-organization, as it is in connection and resonance with the cosmic sources of life, present in each one of us.

The very contact with life throws light on the sense of our existence.

The Book of Changes is formed of yang-lines (_____) and yin-lines (_____) which, combined (3 or 6 of them) represent archetypal answers to our questions.

The **TAO – the “Sense” or “Way”**– is inside every human being, even when he or she loses contact with it. But it is possible to get it back again at any moment, as soon as the contact with Identity is re-established.

The answers of the I Ching are also inside us, but frequently we do not understand what they mean...

The I Ching, as well as our dances, just helps us in our understanding.

Marlise Appy: On June 25 she'll be 89 years old. She likes to celebrate this with us. She has worked very closely with Rolando Toro. She translated all the works of Karl Gustav Jung into Portuguese during her profession as translator. Marlise is the director of the SRT Biodanza School in São Paulo, Brazil. Marlise and Angelina have been working together for over 30 years.

Angelina Pereira: Is a social worker, specialized in health and gerontology. She is a member of the International Biocentric Scientific Council. Angelina has done extensive work in the field of social services for the last 30 years. The development of human potential and the improvement of the quality of life, especially for risk-groups and low-income people, have been supported by Angelina. She is co-director of the SRT Biodanza School in São Paulo, Brazil.

Your investment:

160 euros for this workshop

5 euros per night when you sleep in the school building

12 euros for the celebration-dinner on Saturday night

Please transfer the right amount before June 1 to the following bank account:

St. Rolando Toro Systeem Biodanza School Eindhoven

IBAN : NL73 ABNA 0462 4717 72

BIC: ABNANL2A

Overnight accommodation

There is room for 15 people to stay over in the school building; costs: 5 euros per person / per night. A mattress and a pillow with cover are provided for. Please bring your own sleeping bag or duvet and breakfast. If you want to sleep in the school building, please send an email to biodanzazuidnederland@online.nl

Location:

This weekend takes place at:

Centrum voor Biocentrisch Leven, 26b Celsiusstraat, 5621BT Eindhoven.

Parking: please do not park in the Celsiusstraat or the Groenewoudseweg because of inconvenience to the residents. There are many parking facilities at the end of the Pieter Zeemanstraat !

Times:

Saturday: 10.00u. - 18:00u.

Sunday: 10:00u. - 17:30u.

The door is open at 9.30u.

We'd like to start on time, so we ask your cooperation to be ready on time to start.

To bring with you:

- A blanket and/or a pillow to sit or lie down comfortably during the periods of rest
- Writing material to make notes during the theoretical part of the weekend
- Easy-wearing clothing is important, it promotes relaxation. Please no jeans or pants with sharp iron parts or tight belts (they also damage the floor)
- Food and drinks to share during the lunch breaks at Saturday and Sunday
- And at last, but the most important thing – your enthusiasm!!!

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What's provided for:

Tea, coffee and water. Plates, cutlery, some platters, bowls, mugs and glasses. Kitchen with fridge, 4 electric hot-plates, pans, micro wave. Shower facilities.

Warm regards,
Diana en Beatrijs

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